

Supported Decision-Making

Steps for a successful supported decision-making agreement

Step 1: Start the Conversation

Talk about your goals and needed supports to achieve them with your parents/guardians. Speak about your strengths!

Step 2: Identify your supports

Identify your support person or team. This person or team should be someone who understands and communicates with you very well.

Step 3: Plan and Communicate

Have a meeting with your support team and speak about how they will communicate or help you. This is where you can speak about how you need help, like which topics or areas.

Step 4: Make an Agreement

Make a supported decision-making agreement. You can find free sample resources at [Idaho Health and Welfare Link](#)

Step 5: Let Everyone Know

Share your agreement with your doctors, financial institutions, schools, and others who are involved in your life.

Where can I get services?

You can receive services at Disability Rights Idaho; our two offices are in Boise, ID and Pocatello, ID.

Our Boise Office is located at 9542 W Bethel Court, Boise, ID 83709. Our Pocatello Office is at 1246 Yellowstone Avenue Suite A-3 Pocatello, ID 83201-4374.

You can call our Statewide Toll-Free Number at 1-866-262-3462 or our office number at 208-336-5353. Our fax number is 208-336-5396. You can also send an email to info@disabilityrightsidaho.org